

Drug Information Sheet("Kusuri-no-Shiori")

Internal

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The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

Brand name: Nitrendipine Tablets 5mg 「OHARA」

Active ingredient: Nitrendipine

Dosage form: pale yellowish white tablet, diameter: 6.2 mm, thickness: 3.1 mm

Print on wrapping: ニトレンジピン錠 5 mg「オーハラ」, 高血圧, 狭心症治療のお薬です, 5 mg, Nitrendipine 5 mg「OHARA」



Effects of this medicine

This medicine is a calcium antagonist that exerts antihypertensive effects and antianginal effects by decreasing calcium ion inflow into cells and widening peripheral vessels and coronary vessels.

It is usually used to treat hypertension, renal parenchymal hypertension and angina.

Before using this medicine, be sure to tell your doctor and pharmacist

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines.
- If you have low blood pressure.
- If you have liver or renal dysfunction.
- If you are pregnant, possibly pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is<< to be written by a healthcare professional>>
 - For hypertension and renal parenchymal hypertension: In general, for adults, take 1 to 2 tablets (5 to 10 mg of the active ingredient) at a time, once a day.
 - For angina: In general, for adults, take 2 tablets (10 mg of the active ingredient) at a time, once a day.
- In any case, the dosage may be adjusted according to the disease, age or symptoms. Strictly follow the instructions.
- If you miss a dose, take the missed dose as soon as possible. However, if it is almost time for the next dose, skip the missed dose and follow your regular dosing schedule. You should never take two doses at one time.
 - If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
 - Do not stop taking this medicine unless your doctor instructs you to do so.

Precautions while taking this medicine

- This medicine may cause dizziness, etc., due to decreased blood pressure. Pay close attention when performing dangerous operations such as working at heights or driving a car.
- Avoid taking grapefruit juice with this medicine, since it may intensify the therapeutic effects of this medicine.

Possible adverse reactions to this medicine

The most commonly reported adverse reactions include headache, facial flushing, palpitation, glow, dizziness, chest pain, rash, photosensitivity, itch and gum hyperplasia. If any of these symptoms occur, consult with your doctor or pharmacist.

The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

- loss of consciousness, respiratory decrease, facial pallor [shock-like symptom]
- general malaise, loss of appetite, yellow discoloration of the skin and the whites of the eyes [liver dysfunction, jaundice]

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.

Storage conditions and other information

- Keep out of the reach of children. Store away from light, heat and moisture.
- Discard the remainder. Do not store them.

For healthcare professional use only / /

For further information, talk to your doctor or pharmacist.

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