

Drug Information Sheet("Kusuri-no-Shiori")

Internal

Revised: 10/2020

The information on this sheet is based on approvals granted by the Japanese regulatory authority. Approval details may vary by country. Medicines have adverse reactions (risks) as well as efficacies (benefits). It is important to minimize adverse reactions and maximize efficacy. To obtain a better therapeutic response, patients should understand their medication and cooperate with the treatment.

Brand name: NIFPLUS

Active ingredient: Sodium chloride
Potassium chloride
Sodium bicarbonate
Anhydrous sodium sulfate

Dosage form: white powder

Print on wrapping: 経口腸管洗浄剤, ニフプラス配合内用剤, NIFPLUS, 137.155g



Effects of this medicine

This medicine is a bowel-cleansing agent that eliminates the intestinal contents and cleanses the intestinal tract by excretion of watery stool.

It is usually used to eliminate the intestinal content as pretreatment for colonoscopy, barium enema contrast X-ray and large intestine operation.

Before using this medicine, be sure to tell your doctor and pharmacist

- If you have previously experienced any allergic reactions (itch, rash, etc.) to any medicines.
If you have gastrointestinal obstruction, possible intestinal obstruction, intestinal perforation, toxic megacolon, constipation, abdominal post-operation, angina pectoris, myocardial infarction, renal impairment, or diabetes mellitus.
- If you are pregnant or breastfeeding.
- If you are taking any other medicinal products. (Some medicines may interact to enhance or diminish medicinal effects. Beware of over-the-counter medicines and dietary supplements as well as other prescription medicines.)

Dosing schedule (How to take this medicine)

- Your dosing schedule prescribed by your doctor is ((to be written by a healthcare professional))
- Dissolve the contents of one pouch in water to make about 2 L of a solution. In general, for adults, take 2 to 4 L at a time, at a rate of about 1 L per hour. Discontinue dosing when excretion fluid has become clear. Do not take more than 4 L of the solution. Strictly follow the instructed method of dissolution and ingestion.
- If you experience abdominal pain, nausea, vomiting, pallor or vertigo while drinking, stop drinking the solution and immediately consult with your doctor or pharmacist. If you experience these symptoms after you have finished drinking, also immediately consult with your doctor or pharmacist.
If you have no bowel movement after you have taken about 2 L of the solution, stop drinking the solution and consult with your doctor.
When taking the solution at home, drink the solution in the presence of an attendant so that the attendant can take measures when adverse drug reactions occur.
- If you undergo barium enema X-ray, take 20 mg mosapride citrate before and after taking the solution.
- If you miss a dose, consult with your doctor or pharmacist.
- If you accidentally take more than your prescribed dose, consult with your doctor or pharmacist.
- Do not stop taking this medicine unless your doctor instructs you to do so.

Precautions while taking this medicine

Possible adverse reactions to this medicine

The most commonly reported adverse reactions include abdominal bloating, nausea, abdominal pain, feeling cold, malaise, light-headed feeling, and vomiting. If any of these symptoms occur, consult with your doctor or pharmacist.

The symptoms described below are rarely seen as initial symptoms of the adverse reactions indicated in brackets. If any of these symptoms occur, stop taking this medicine and see your doctor immediately.

- breathing difficulty, facial pallor, semi-consciousness [shock, anaphylaxis]
- abdominal pain, abdominal bloating, vomiting [intestinal perforation, intestinal obstruction, inguinal hernia incarceration]
- semi-consciousness, convulsion, vomiting [hyponatremia]
- abdominal pain, abdominal bloating, bloody stool [ischemic colitis]
- nausea, vomiting, bloody stool [Mallory-Weiss syndrome]

The above symptoms do not describe all the adverse reactions to this medicine. Consult with your doctor or pharmacist if you notice any symptoms of concern other than those listed above.

Storage conditions and other information

- Keep out of the reach of children. Store away from direct sunlight and heat.
- Take this medicine according to the instructed schedule. The solution that has been prepared in advance should be stored in a refrigerator and consumed within 48 hours.
- Discard the remainder. Do not store them.

For healthcare professional use only / /

For further information, talk to your doctor or pharmacist.

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